

Generalinis partneris:



VADYBOS IR EKONOMIKOS
UNIVERSITETAS



JCI (Junior Chamber International) Vilnius invites You to the exclusive seminar:

„THE SECRET OF COACHING YOURSELF TO SUCCESSFUL LEADERSHIP & PERSONAL HABITS IN 30 DAYS“

Purpose of the seminar: How to change your habits to become a professional leader, a satisfied personality. The seminar is useful for business people in their professional lives and also for personal development purposes.

Description of the seminar:

During this 4-hour seminar, we will first analyze how Alexander the Great could build the foundations of his Empire. Next you will discover how an action plan for your own life and dreams should be developed. Then you will learn how the human brain and psychology is wired and how to use your brain in order to develop effective habits for success in your private and professional life. You will get some academic insights in recent findings of **medical & psychological research**, plus learn how to apply these insights in your own selfcoaching to fulfill your dreams or to coach your beloved ones or professional contacts according to our newest research. We will offer you some **practical tools** to start your journey after this insightful night!

Lector:



Paul Koeck, MD, BA, is president and founder of Coachteam® International. He works as business coach for top-executives, and is in surplus an excellent therapist and physician. He created the **Coachteam®** philosophy 'Goal-Directed, Solution-Focused Coaching', being *the pioneer* in Europe in Solution Focused Coaching for Business Leaders & Organisations.

As a trainer, consultant and coach he served important business leaders and organisations like Alcatel-Lucent, KPMG, BASF, Siemens, Borealis, IBM, Swift, Nextiraone, Janssen Pharmaceutica, Banksys, HP, Junior Chamber International, Haribo, Proximus, Belgacom, Delta Lloyd Life, Generale Bank, Belgian Military Police, Anco, Givi, Axias, IPPA, HBK Spaarbank, Pandora, etc.

After this Training, you will know:

- The Leadership Secret of Alexander the Great of Macedonia;
- How to coach yourself and others to develop similar success habits within 30 days;
- How to prevent relaps to old habits in 180 days;
- How the human brain learns new habits and how to use this insight for yourself;
- How to apply this knowlegde in your private life as well as in your professional life.

Date: 29 th October, 2009 (Thursday)

Time: 18.30 p.m. - 22.30 p.m. Registration from 18.10 p.m.

Place: ISM university (Arklių street 18, Vilnius); auditorium will be announced for registrated participants by e-mail.

Entrance free.

Registration: by e-mail: jcivilnius@gmail.com or by phone: +370 618 88764.

Seminar will be in english.